

## PROGRAM DESCRIPTION

**Playgroups** are parent and child stimulation workshops focusing on child development through interactive play.

**Child Stimulation Program** helps young children develop physical, language, cognitive and social skills through various age appropriate educational activities.

**Sharing Stories** invites you to come sing, play and listen to stories alongside your little ones while also giving time and space to talk and share with other parents on a variety of topics.

**Parent & Infant Stimulation Workshops (0 to 9 months)** offer an opportunity for parents of new born babies to learn and exchange ideas on parenting and child development.

**Parent's Discussion and Cooking Workshops** provide a chance to get together and prepare nutritious meals. We feel that cooking together helps people to open up to each other. Parents are welcome to share and discuss on the common challenges of parenting.

**Lunch & Lecture** is a series of lunches for Tyndale St-Georges' Early Childhood Community. Guest lecturers will deliver presentations on a variety of topics related to Early Childhood (i.e. speech development, health, home safety, dental care).

**Newsletter** includes parenting advice and tips, play suggestions, safety tips, program updates and more!

## EARLY CHILDHOOD PROGRAM - SPRING SCHEDULE 2019 (April 8th to June 20th)

Program	Days	Time	Start Date	Place	Notes
Registration & Open House	Wednesday & Thursday	10:00 - 2:00	March 27 & 28	Mary Wand Room	-
Playgroup	Mon. & Wed.	10:00 -12:00	April 8- June 19	St. Martin Room& Gym	2-5 yrs. Parents must attend \$15/family/session
Child Stimulation	<u>Group 1:</u> Mon. & Wed. <u>Group 2:</u> Tues. & Thurs.	9:15 - 12:00	April 8- June 19	Mary Wand Room	6m-5yrs. Max. 2days/week/child \$15/family/session
Parents & Infants' Stimulation (0-9months) Workshops	Thurs.	1:00 - 3:00	April 18—June 20	Mary Wand Room & Gym	For parents & their newborn babies (up to 9 months)
Sharing Stories: Family Play and discussion group	Tues.	10:00 - 11:30	April 16- June 18	St. Martin Room	6-24 months Professional story telling Parents must attend \$15/family/session
Parents' Discussion & Cooking Workshops	Mon., Wed., & Tues.	9:00- 12:00	Dates to be announced	St. Martin Room, TSG Kitchen	For EC Participants
Lunch & Lecture	Wed.	12:00 - 2:00	Dates to be announced	Mary Wand, St. Martin Room & Gym	Bring your lunch / Themes to be announced
Newsletter	Monthly	-	once a month		Free

⇒ *Please remember that registering for EC activities does not guarantee your acceptance into the program*

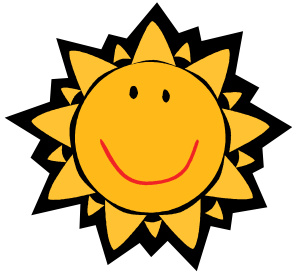
⇒ *Priority is given to residents of Little Burgundy and St. Henry, Pointe St.Charles and Verdun!*

⇒ *The selection process is based on fair and objective criteria. The best interest of our participants and the coherence of the groups*

## Early Childhood Vision

“We believe in the POWER OF PLAY!

In a safe environment, we offer parents and children of different backgrounds the opportunity to bond, communicate and live through challenges. Our program provides a unique experience to meet people, exchange ideas and become empowered.”



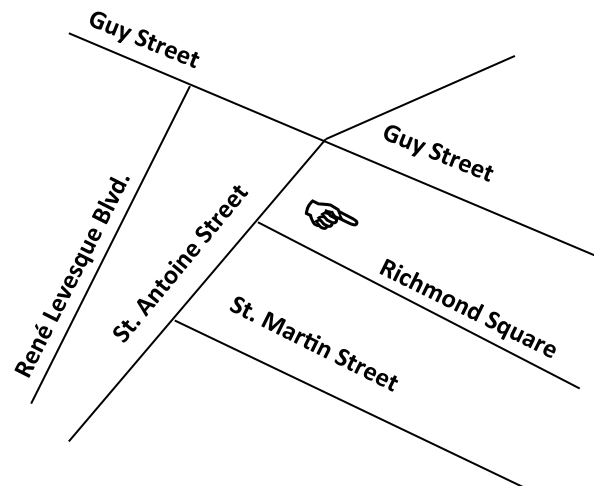
## Mission Statement

Tyndale St-George’s mission is to offer, primarily on English for Little Burgundy, and to all people, programs designed not to perpetuate dependency, but to help people help themselves; and to empower individuals and families, when appropriate, to lives of greater self-reliance and fulfillment through educational, cultural, social, and recreational programs which provide individuals and families with encouragement, tools, opportunities, and support.



Centre Communautaire  
**Tyndale St-Georges**  
Community Centre

\* Language of operation: English



Metro Georges-Vanier corner of St.-Antoine and Richmond Square



One block west of Guy street



TYNDALE ST-GEORGE’S COMMUNITY CENTRE

## Early Childhood Department

### Parent & Child Program



“Learn through play”

## Spring 2019

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